

# **Sport Development Framework**

A guide for the Saskatchewan sport system that will affirm the collective impact we are able to achieve when working together.



## FOCUS AREAS

### Athlete Development



What's needed to create accessible and effective development pathways for Saskatchewan athletes?

- ✓ Entering the Pathway
- ✓ Cultivating Participation
- ✓ Enhancing Performance

### Capacity for Sport



How can we strengthen the capacity of our members and other partners who make sport possible in our province?

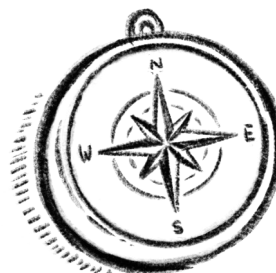
- ✓ Organizational
- ✓ Coaching
- ✓ Officiating

### Sport in Community



What can we do to enhance our connection with communities across Saskatchewan, so all can benefit from sport?

- ✓ Relationships and Partnerships
- ✓ Promoting Sport Province-Wide
- ✓ Grassroots Participation



## GUIDING PRINCIPLES

Contribute actively to reconciliation through sport.

Promote equitable participation and accessibility in sport.

Create healthy and safe sport environments.

Foster effective and trustworthy leadership in sport.

# Welcome to the Sport Development Framework for amateur sport in Saskatchewan.

This Framework is meant to help groups and organizations have thoughtful, meaningful and insightful conversations to help shape sport and the collective impact we are able to achieve when working together.

## How do I use this workbook?

Use it your way! There is no one way to get to an end. **Multiple roads, theories, ideas and thoughts** can be explored through discussion and working together. Use the questions and examples to fill out your dream Sport Development Framework matrix.

## Don't worry!

Tackling it all or having something in every box isn't the end goal. By contributing to different areas, impact can be seen across the scope of the matrix.







## FOCUS AREA Athlete Development



1. How have we engaged (or not engaged) Indigenous athletes in our sport?
2. What is the participation experience in our sport for Indigenous athletes?
3. Have we tried to understand this experience better?

## FOCUS AREA Capacity for Sport



4. How is space created to build relationships with Indigenous people and /or Indigenous communities?
5. How is trust built to support this?

## FOCUS AREA Sport in Community



6. What bridges are we building through sport with rural and urban Indigenous communities?
7. How can we enhance awareness, integrate cultural opportunities and greater understanding into our program(s)?



## GUIDING PRINCIPLE:

# PROMOTE EQUITABLE PARTICIPATION AND ACCESSIBILITY IN SPORT

## FOCUS AREA Athlete Development



1. What is the difference between equity and equality?

2. What does equity look like to our organization?

## FOCUS AREA Capacity for Sport



3. How does intersectionality effect individuals in our sport or organization?

## FOCUS AREA Sport in Community



4. What is within our control when considering participants' access to our sport system?

5. What about access to our sport?





## FOCUS AREA Athlete Development



1. What is needed for a healthy sport environment?
2. What is needed for a sport environment to feel safe?

## FOCUS AREA Capacity for Sport



3. What is the balance between policy, procedure, and practice when we think about a healthy or safe sport environment?
4. What is needed to manage that balance?

## FOCUS AREA Sport in Community



5. Have we thought about the stages or pieces of information people need to learn to support this?
6. If we envision this like Lego what piece has to be built before the next can go on?



## FOCUS AREA Athlete Development



1. What are we doing that supports a high trust environment?

## FOCUS AREA Capacity for Sport



2. What is within our financial and human capacity to deliver and participate in?

3. What can we do to create space for people to try despite the risk of making a mistake?

## FOCUS AREA Sport in Community



4. How do we share our expectations?

5. How does doing this support programming?







PUT IT ALL TOGETHER!:

## YOUR SPORT DEVELOPMENT FRAMEWORK



Consider the answers from the questions to shape your dream Sport Development Framework. If you get stuck, you can refer to an example on the back cover. But keep in mind: there is no one right answer and a full matrix isn't necessary. When everyone creates their own framework, our province will be full of possibilities!

 <b>SASK SPORT</b>	FOCUS AREA  <b>Athlete Development</b>	FOCUS AREA  <b>Capacity for Sport</b>	FOCUS AREA  <b>Sport in Community</b>
<b>GUIDING PRINCIPLE:</b> <b>Contribute actively to reconciliation in sport</b>			
<b>GUIDING PRINCIPLE:</b> <b>Promote equitable participation and accessibility in sport</b>			
<b>GUIDING PRINCIPLE:</b> <b>Create healthy and safe sport environments</b>			
<b>GUIDING PRINCIPLE:</b> <b>Foster effective and trustworthy leadership in sport</b>			












Refer to this **example** if you get stuck for ideas on where to start.

	FOCUS AREA	FOCUS AREA	FOCUS AREA
	 <b>Athlete Development</b>	 <b>Capacity for Sport</b>	 <b>Sport in Community</b>
<b>GUIDING PRINCIPLE:</b> <b>Contribute actively to reconciliation in sport</b>	Create clear opportunities for talent identification of Indigenous Athletes.	Engage in cultural competency education and training.	Foster relationships that support Indigenous engagement.
<b>GUIDING PRINCIPLE:</b> <b>Promote equitable participation and accessibility in sport</b>	Increased awareness of how to access and become involved in sport.	IDEA plan for organizations.	Understand current reach and identify opportunities.
<b>GUIDING PRINCIPLE:</b> <b>Create healthy and safe sport environments</b>	Develop a culture that supports safe disclosure.	Ensure adequate Safe Sport policies are developed and updated.	Widely promote access to provincial and national available resources.
<b>GUIDING PRINCIPLE:</b> <b>Foster effective and trustworthy leadership in sport</b>	Enhance quality of training and competition opportunities for coaches and athletes.	Annual professional development plan is executed.	Develop a "buddy system" for emerging teams and clubs.

**Regina Office**  
 306.780.9300  
 1870 Lorne Street  
 Regina, SK S4P 2L7

**Saskatoon Office**  
 306.975.0800  
 510 Cynthia Street  
 Saskatoon, SK S7L 7K7

[info@sasksport.ca](mailto:info@sasksport.ca)