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**VOLUNTARY SELF-IDENTIFICATION   
EXAMPLE AND DEFINITIONS**

The following enhanced Voluntary Self-Identification template provides an opportunity for participants to identify in ways that are personally meaningful. It will also assist organizations to better understand the diversity of their membership allowing for targeted equity measures, and initiatives, in support of inclusive sport.

An example of the enhanced **voluntary** self-identification document that your organization can begin to use is located below. The example includes an expansion in the gender identification area and the addition of a section for those living with a disability.

**SAMPLE**

**[Insert name of PSO]** is dedicated to supporting sport participation opportunities for all Saskatchewan people. **Providing a response to any, or all, of the statements below is voluntary.** Information provided may be used for communications with members, or participants, within our organization and/or statistical purposes in a compiled format (ONLY). Personal information will not be used or shared outside of our organization, as directed by **[Insert name of PSO’s]** Privacy Policy and by the Local Authority Freedom of Information and Protection of Privacy Act.

**1)** **A. Please choose the gender that you identify with:**

***If you prefer not to self-identify, please move on to 1B.***

o Female o Male o Self-Describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**B. Please indicate the gender classification you wish to compete in?**

o Female o Male

**2) Please identify your heritage. If the categories are not applicable, please move on to the next question.**

***If you prefer not to self-identify below, please move on to section 3.***

o First Nation o Métis o Inuit o Newcomer

o Self-Describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3) Are you an individual living with a disability?**

***If you prefer not to self-identify below, please move to next area.***

o Yes o No o Self-Describe: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DEFINITIONS OF TERMS**

Definitions of the terms used within the expanded self-identification document are listed below for your reference, and if possible, should be included with the voluntary self-identification questions provided to members.

**First Nations:** Includes Status and Non-Status Individuals.

**Status:** Individuals registered under the Indian Act who identify with a First Nation community-ancestral land.

**Non-Status:** Individuals who identify with a First Nation community–ancestral land but are not registered under the Indigenous and Northern Affairs Canada registry system.

**Métis:** “A person who self-identifies as Métis, is distinct from other Aboriginal peoples, is of historic Métis Nation Ancestry and who is accepted by the Métis Nation.” 1

**Inuit:** The members of an Indigenous people whose homeland is the Canadian Arctic, which includes: Yukon, Northwest Territories and Nunavut, in addition to Northern Quebec and Northern Labrador.

**Newcomer:** An inclusive self-identifying term for those individuals who are not originally from Canada and may hold, for example, refugee status, permanent resident status, and/or be a new immigrant.

**Disability:** A person who faces challenges completing day-to-day tasks due to a long-term or recurring medical condition affecting a person’s ability in any of the following areas: physical, mental, visual, hearing, cognitive and/or intellectual.

**Gender:** “The way a person identifies themselves and experiences gender internally. Gender is inherently different from the sex one is assigned at birth. It is the sense of being a woman, man, non-binary or any other gender. It involves gender roles (the expectations and norms imposed on a person because of their gender), gender attribution (how others perceive a person’s gender) and gender identity (how a person labels their own gender).” 2

**Self-Describe:** A space provided for each individual to identify in the most specific or accurate, way they would like to.

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Metis Nation Citizenship.16 April 2019. [metisnation.ca/about/citizenship](https://www2.metisnation.ca/about/citizenship)

2 OUT Saskatoon, Queer terms. July 12, 2022. [outsaskatoon.ca/resource-library/queer-terms](https://www.outsaskatoon.ca/resource-library/queer-terms/)